NSAIDs & COX-1 inhibitors to avoid





Patients with Aspirin-Exacerbated Respiratory Disease (AERD), or Samter's Triad, should completely avoid all non-steroidal anti-inflammatory drugs (NSAIDs) that inhibit the COX-1 enzyme.

This list includes most commonly available COX-1 inhibitors in the United States - the generic drug name in **bold**, followed by most of the brand names in italics. These medications should all be avoided. Please read all medication labels, and check with your healthcare providers to ensure that you are not mistakenly given a prescription for a medication listed below.

· Aspirin or acetylsalicylate:

Excedrin Aspergum Pepto-Bismol Aspermin Alka-Seltzer Aspir-Mox Aspirtab Anacin Asperbut Arthropan

- Ibuprofen (Motrin, Advil)
- Naproxen (Aleve, Anaprox)
- Ketorolac (Toradol)
- Diclofenac (Arthrotec)
- Fluriprofen (Ansaid)
- Salsalate (Amigesic, Argesic, Salflex)

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