



Instructions for decreasing dose of daily aspirin prior to a surgical procedure for patients with AERD who are on high-dose daily aspirin therapy

These instructions are a way to help you to (A) decrease your daily aspirin at home prior to surgery, in order to safely undergo surgery and lower your risk of blood loss during the surgical procedure, and (B) maintain the aspirin desensitization so that you can safely re-start your daily aspirin without developing a reaction.

1. Prior to initiating any change in your daily aspirin dose, please contact your primary AERD specialist at the BWH AERD Center.
2. Prior to surgery, discuss your aspirin treatment with your surgical team and review these instructions with your surgeon to confirm that they are comfortable with this aspirin plan.
 - 14 days before the procedure, decrease aspirin to only 81mg per day.
 - The day before the procedure, do not take any aspirin.
 - The morning of the procedure, do not take any aspirin.
 - After the procedure is over, take 81mg of aspirin in the evening.
 - The day after the procedure, take 81mg aspirin twice a day.
 - The next day, take 162mg twice a day.
 - The following day, take 325mg twice a day.
 - The next day go back up to 650mg aspirin twice a day if that is the dose you are regularly on (or stay at 325mg twice a day if that is the dose you are regularly on).